

F C S G N K A L E B D S P D B Y F O G N
 C Q J Y B W M A P E M A P D G S Z L O E
 H E E N E R G Y A U X R I M N M Q H O B
 D A S U C C E S S J W E Y R G A I V D M
 K M S U G L L U A D S M R S Y R W E C O
 L S U G A R Y D R I N K S C G T F G H V
 E W N Q L L X G R I Z H X C I P U E O E
 A Z D K H I F P Q T P F P V W S N T I P
 R G R A I N S D C Q F U K B I F E A C L
 N H A R D W O R K I N G Z B N L K B E A
 H O T R R U P O S I T I V E U N P L S Y
 W L H L E S S S A L T G X J R W V E Q L
 P F L U N U J H Y E S W E C A N P L A Y
 D D E F M A C I I I A A L J J F A E L T
 U A T R J L K F J G U Z P E L R A Q K Q
 U N I U A J J D O E N E Y J S F L T X O
 C H C I F V N L X Y R D D N V U A O S Q
 V E X T G R O W Z F O R Q O F E Y N B Q
 O D T S S O U Q G F S T R O N G M D L Q
 Y S W T U Y P M A W U T J Y Q X X X V G

Healthy Habits

- | | | | |
|---------------|--------------|------------------|------|
| Sugary drinks | Good choices | yes! We can play | Fats |
| Vegetable | Hardworking | Athletic | Play |
| Positive | Exercise | Success | Fun |
| Less salt | Strong | Grains | Win |
| Fruits | Energy | Learn | |
| Grow | Kale | Dairy | |
| Smart | Move | | |





Y R E L E C U Y O Q
C A B B A G E K N S
Z L B R K B A R I P
B C R G E L O C O I
H O N H E C A A N N
T I N I H C C U Z A
P O T A T O E H H C
V E C U T T E L U H
Y A M S B E E T S Q
P N P S P R O U T S

Veggies

BEETS
CABBAGE
CARROT
CELERY

CORN
KALE
LETTUCE
ONION

POTATOE
SPINACH
SPROUTS
YAMS

ZUCCHINI

B Y N T I U R F E P A R G G H U I
Z G N G B L A C K B E R R Y O P F
R S A Y A P A P N C R B J R E F G
S Z I J K N J O C C A V K A O Q I
C E X K R O C S W X E I C D D C Q
B N I V T M O W W W P H T H Q C H
N W J R K E W E D Y E N O H K A X
I A S N R L X O O K V A Z W F N S
Z T P I N E A P P L E T D L F T E
S E I R R E B E U L B B L O Y A I
S R A E T G G W A V O C A D O L R
E M N K U S P G A M D G M B P O R
G E A P T E O C R R V M N W Z U E
N L N B V L L R I A T Q C A B P H
A O A F X P I I H K P S G J T E C
R N B A N P M C K G T E M A N G O
O N S Z P A E G B K T Z S D M V X

- | | | | |
|-------------|------------|-----------|--------------|
| APPLES | AVOCADO | BANANA | BLACKBERRY |
| BLUEBERRIES | CANTALOUPE | CHERRIES | GRAPEFRUIT |
| GRAPES | HONEYDEW | KIWI | LEMON |
| LIME | MANGO | ORANGES | PAPAYA |
| PEACH | PEAR | PINEAPPLE | STRAWBERRIES |
| WATERMELON | | | |

Fruits

